



4.Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

Detailed evaluation

Wüster, Nils

Club: Erfurt
Number: 660

Course: 42.20 km
Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 4:03:28

Speed: 10.35 km/h
Running performance: 5:46 min/km

Rank in course/Total: 29 (of 63)

Rank in course/Men: 25 (of 52)

Best time in course: 3:03:52

Rank in category: 4(of 6)

Best time in the category: 3:32:08

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Ifta | 11.70 | 1:05:47 | 5:37 | 4 | 7:22 | 19 | 14:20 | 11.70 | 1:05:47 | 5:37 | 4 | 7:22 | 19 | 14:20 |
| Buchenau | 11.80 | 1:05:47 | 5:34 | 5 | 7:51 | 20 | 15:21 | 23.50 | 2:11:34 | 5:35 | 5 | 15:13 | 20 | 29:41 |
| Frankenroda | 9.40 | 55:18 | 5:52 | 4 | 8:19 | 27 | 14:35 | 32.90 | 3:06:52 | 5:40 | 4 | 23:32 | 20 | 44:16 |
| Treffurt | 9.30 | 56:36 | 6:05 | 4 | 7:59 | 28 | 15:20 | 42.20 | 4:03:28 | 5:46 | 4 | 31:20 | 25 | 59:36 |