



4.Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

Detailed evaluation

Scheler, Raimond

Club: Laufgruppe Mihla

Number: 646

Course: 42.20 km

Marathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 4:05:41

Speed: 10.26 km/h

Running performance: 5:49 min/km

Rank in course/Total: 31 (of 63)

Rank in course/Men: 26 (of 52)

Best time in course: 3:03:52

Rank in category: 3(of 6)

Best time in the category: 3:54:14

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ifta	11.70	1:04:28	5:30	2	0:10	17	13:01	11.70	1:04:28	5:30	2	0:10	17	13:01
Buchenau	11.80	1:04:09	5:26	1	-	15	13:43	23.50	2:08:37	5:28	1	-	15	26:44
Frankenroda	9.40	56:11	5:58	4	4:28	31	15:28	32.90	3:04:48	5:37	2	4:28	19	42:12
Treffurt	9.30	1:00:53	6:32	4	9:17	32	19:37	42.20	4:05:41	5:49	3	11:27	26	1:01:49