



# 4.Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

## Detailed evaluation

**Hüllhorst, Elisa**

Club: Clausthalzellerfeld

Number: 622

Course: 42.20 km

Marathon

Category:

Frauen (20-29 Jahre)

Total time: 4:07:12

Speed: 10.19 km/h

Running performance: 5:52 min/km

Rank in course/Total: 33 (of 63)

Rank in course/Women: 6 (of 11)

Best time in course: 3:18:09

Rank in category: 2(of 2)

Best time in the category: 3:18:09

### Intermediate times

### Stage score

### Total ranking

| Control     | Split |         |        | Pos  |       | Behind |       | Total |         |        | Pos  |       | Behind |       |
|-------------|-------|---------|--------|------|-------|--------|-------|-------|---------|--------|------|-------|--------|-------|
|             | km    | Time    | min/km | Cat. | Cat.  | Women  | Women | km    | Time    | min/km | Cat. | Cat.  | Women  | Women |
| Ifta        | 11.70 | 1:08:22 | 5:50   | 2    | 12:31 | 5      | 12:31 | 11.70 | 1:08:22 | 5:50   | 2    | 12:31 | 5      | 12:31 |
| Buchenau    | 11.80 | 1:07:14 | 5:41   | 2    | 11:47 | 5      | 13:10 | 23.50 | 2:15:36 | 5:46   | 2    | 24:18 | 5      | 25:25 |
| Frankenroda | 9.40  | 56:41   | 6:01   | 2    | 11:48 | 6      | 11:48 | 32.90 | 3:12:17 | 5:50   | 2    | 36:06 | 6      | 36:25 |
| Treffurt    | 9.30  | 54:55   | 5:54   | 2    | 12:57 | 6      | 12:57 | 42.20 | 4:07:12 | 5:51   | 2    | 49:03 | 6      | 49:03 |