



4.Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

Detailed evaluation

Schneider, Michael

Club: Bad Hersfeld

Number: 648

Course: 42.20 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 4:10:01

Speed: 10.08 km/h

Running performance: 5:55 min/km

Rank in course/Total: 36 (of 63)

Rank in course/Men: 30 (of 52)

Best time in course: 3:03:52

Rank in category: 6(of 10)

Best time in the category: 3:35:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ifta	11.70	1:09:44	5:57	6	11:15	33	18:17	11.70	1:09:44	5:57	6	11:15	33	18:17
Buchenau	11.80	1:07:55	5:45	5	10:57	30	17:29	23.50	2:17:39	5:51	6	22:12	32	35:46
Frankenroda	9.40	55:09	5:52	5	6:47	26	14:26	32.90	3:12:48	5:51	5	27:33	30	50:12
Treffurt	9.30	57:13	6:09	6	9:02	30	15:57	42.20	4:10:01	5:55	6	35:01	30	1:06:09