



4.Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

Detailed evaluation

Hasenstein, Mario

Club: Feuerwehr Gotha-Siebleben

Number: 619

Course: 42.20 km

Marathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 4:11:51

Speed: 10.01 km/h

Running performance: 5:58 min/km

Rank in course/Total: 38 (of 63)

Rank in course/Men: 32 (of 52)

Best time in course: 3:03:52

Rank in category: 2(of 7)

Best time in the category: 3:57:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ifta	11.70	1:10:25	6:01	2	8:41	35	18:58	11.70	1:10:25	6:01	2	8:41	35	18:58
Buchenau	11.80	1:09:54	5:55	2	9:58	33	19:28	23.50	2:20:19	5:58	2	18:39	34	38:26
Frankenroda	9.40	55:36	5:54	2	1:10	28	14:53	32.90	3:15:55	5:57	2	19:49	33	53:19
Treffurt	9.30	55:56	6:00	1	-	27	14:40	42.20	4:11:51	5:58	2	14:51	32	1:07:59