



# 45. Alteburglauf - Hubertus Triebel Gedächtnislauf

Arnstadt / 30.04.2024

## Detailed evaluation

Marvin Förster

Total time: 1:53:00

Number: 380

Speed: 11.15 km/h

Running performance: 5:21 min/km

Course: 21.10 km

Rank in course/Total: 7 (of 32)

Halbmarathon

Rank in course/Men: 6 (of 25)

Category:

Best time in course: 1:26:35

Senioren M30 (30-34) M

Rank in category: 3(of 5)

Best time in the category: 1:39:22

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	10.50	59:22	5:39	3	10:35	9	17:37	10.50	59:22	5:39	3	10:35	9	17:37
Runde	10.40	53:09	5:06	2	2:58	6	35:26	20.90	1:52:31	5:23	3	13:33	9	38:08
Alteburg-Turm	0.20	0:29	2:24	3	0:05	9	0:29	21.10	1:53:00	5:21	3	13:38	6	26:25