



# 45. Alteburglauf - Hubertus Triebel Gedächtnislauf

Arnstadt / 30.04.2024

## Detailed evaluation

**Bernhard Jünemann**

Club: DSC Dransfeld

Number: 306

Course: 10.60 km

Hauptlauf

Category:

Senioren M70 (70-74) H

Total time: 54:51

Speed: 10.94 km/h

Running performance: 5:10 min/km

Rank in course/Total: 29 (of 101)

Rank in course/Men: 23 (of 68)

Best time in course: 42:05

Rank in category: 1(of 3)

Best time in the category: 54:51