



# 45. Alteburglauf - Hubertus Triebel Gedächtnislauf

Arnstadt / 30.04.2024

## Detailed evaluation

**Gerhard Dehmel**

Club: ThwV Ilmenau

Number: 274

Course: 10.60 km

Hauptlauf

Category:

Senioren M80 (80-84) H

Total time: 1:19:33

Speed: 7.54 km/h

Running performance: 7:30 min/km

Rank in course/Total: 97 (of 101)

Rank in course/Men: 65 (of 68)

Best time in course: 42:05

Rank in category: 1(of 2)

Best time in the category: 1:19:33