



45. Alteburglauf - Hubertus Triebel Gedächtnislauf

Arnstadt / 30.04.2024

Detailed evaluation

Deniese Buschbeck

Club: Die flinken Gerataler

Number: 273

Course: 10.60 km

Hauptlauf

Category:

Seniorinnen W30 (30-34) H

Total time: 58:25

Speed: 10.27 km/h

Running performance: 5:30 min/km

Rank in course/Total: 45 (of 101)

Rank in course/Women: 10 (of 33)

Best time in course: 47:24

Rank in category: 3(of 6)

Best time in the category: 52:16