



45. Alteburglauf - Hubertus Triebel Gedächtnislauf

Arnstadt / 30.04.2024

Detailed evaluation

Mageeban Kuperan

Club: Bergwacht Ilmenau

Number: 391

Course: 21.10 km

Halbmarathon

Category:

Senioren M30 (30-34) M

Total time: 2:25:20

Speed: 8.71 km/h

Running performance: 6:53 min/km

Rank in course/Total: 27 (of 32)

Rank in course/Men: 20 (of 25)

Best time in course: 1:26:35

Rank in category: 5(of 5)

Best time in the category: 1:39:22

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	10.50	1:05:17	6:13	5	16:30	18	23:32	10.50	1:05:17	6:13	5	16:30	18	23:32
Runde	10.40	1:19:24	7:38	5	29:13	23	1:01:41	20.90	2:24:41	6:55	5	45:43	23	1:10:18
Alteburg-Turm	0.20	0:39	3:15	4	0:15	21	0:39	21.10	2:25:20	6:53	5	45:58	20	58:45