



# 45. Alteburglauf - Hubertus Triebel Gedächtnislauf

Arnstadt / 30.04.2024

## Detailed evaluation

**Anja Kiefer**

Club: Hügelgang

Number: 309

Course: 10.60 km

Hauptlauf

Category:

Seniorinnen W40 (40-44) H

Total time: 1:07:28

Speed: 8.89 km/h

Running performance: 6:21 min/km

Rank in course/Total: 82 (of 101)

Rank in course/Women: 23 (of 33)

Best time in course: 47:24

Rank in category: 3(of 4)

Best time in the category: 50:45