



45. Alteburglauf - Hubertus Triebel Gedächtnislauf

Arnstadt / 30.04.2024

Detailed evaluation

Ulrike Grosser

Club: AP Racing Team Apolda

Number: 290

Course: 10.60 km

Hauptlauf

Category:

Seniorinnen W55 (55-59) H

Total time: 1:05:00

Speed: 9.23 km/h

Running performance: 6:07 min/km

Rank in course/Total: 72 (of 101)

Rank in course/Women: 19 (of 33)

Best time in course: 47:24

Rank in category: 1(of 2)

Best time in the category: 1:05:00