



45. Alteburglauf - Hubertus Triebel Gedächtnislauf

Arnstadt / 30.04.2024

Detailed evaluation

Thomas Krüger

Club: N3 Sportverein

Number: 390

Course: 21.10 km

Halbmarathon

Category:

Senioren M35 (35-39) M

Total time: 2:13:10

Speed: 9.46 km/h

Running performance: 6:18 min/km

Rank in course/Total: 17 (of 32)

Rank in course/Men: 13 (of 25)

Best time in course: 1:26:35

Rank in category: 1(of 2)

Best time in the category: 2:13:10

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Runde	10.50	1:01:59	5:54	1	-	15	20:14	10.50	1:01:59	5:54	1	-	15	20:14
Runde	10.40	1:10:37	6:47	1	-	18	52:54	20.90	2:12:36	6:20	1	-	16	58:13
Alteburg-Turm	0.20	0:34	2:49	1	-	14	0:34	21.10	2:13:10	6:18	1	-	13	46:35