



45. Alteburglauf - Hubertus Triebel Gedächtnislauf

Arnstadt / 30.04.2024

Detailed evaluation

Daniel Greiner

Club: SV Sömmerda e.V./ TRCT

Number: 383

Course: 21.10 km

Halbmarathon

Category:

Senioren M40 (40-44) M

Total time: 1:26:35

Speed: 14.55 km/h

Running performance: 4:06 min/km

Rank in course/Total: 1 (of 32)

Rank in course/Men: 1 (of 25)

Best time in course: 1:26:35

Rank in category: 1(of 4)

Best time in the category: 1:26:35

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	10.50	41:45	3:58	1	-	1	-	10.50	41:45	3:58	1	-	1	-
Runde	10.40	44:24	4:16	1	-	2	26:41	20.90	1:26:09	4:07	1	-	2	11:46
Alteburg-Turm	0.20	0:26	2:09	2	0:26	5	0:26	21.10	1:26:35	4:06	1	-	1	-