



# 45. Alteburglauf - Hubertus Triebel Gedächtnislauf

Arnstadt / 30.04.2024

## Detailed evaluation

Michaela Opel

Total time: 21:07

Number: 240

Speed: 8.52 km/h

Running performance: 6:01 min/km

Course: 3.50 km

Rank in course/Total: 10 (of 29)

Jedermannslauf 3,5 km

Rank in course/Women: 2 (of 13)

Best time in course: 16:16

Category:

Rank in category: 1(of 2)

Seniorinnen W30 (30-34) B

Best time in the category: 21:07