



# 45. Alteburglauf - Hubertus Triebel Gedächtnislauf

Arnstadt / 30.04.2024

## Detailed evaluation

Ariane Friedrich-Lange

Total time: 16:16

Number: 232

Speed: 11.07 km/h

Running performance: 4:38 min/km

Course: 3.50 km

Rank in course/Total: 1 (of 29)

Jedermannslauf 3,5 km

Rank in course/Women: 1 (of 13)

Best time in course: 16:16

Category:

Rank in category: 1(of 4)

Seniorinnen W40 (40-44) B

Best time in the category: 16:16