



# 45. Alteburglauf - Hubertus Triebel Gedächtnislauf

Arnstadt / 30.04.2024

## Detailed evaluation

Paul Furch

Total time: 22:58

Number: 187

Speed: 7.84 km/h

Running performance: 6:33 min/km

Course: 3.50 km

Rank in course/Total: 27 (of 31)

Jugendlauf

Rank in course/Men: 14 (of 15)

Best time in course: 14:07

Category:

Rank in category: 7(of 8)

männliche Jugend U14 (12-13) J

Best time in the category: 14:45