



45. Alteburglauf - Hubertus Triebel Gedächtnislauf

Arnstadt / 30.04.2024

Detailed evaluation

Norbert Hahnemann

Club: SG Motor Arnstadt

Number: 385

Course: 21.10 km

Halbmarathon

Category:

Senioren M65 (65-69) M

Total time: 2:20:38

Speed: 8.96 km/h

Running performance: 6:39 min/km

Rank in course/Total: 23 (of 32)

Rank in course/Men: 17 (of 25)

Best time in course: 1:26:35

Rank in category: 1(of 1)

Best time in the category: 2:20:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	10.50	1:07:49	6:27	1	-	24	26:04	10.50	1:07:49	6:27	1	-	24	26:04
Runde	10.40	1:12:12	6:56	1	-	19	54:29	20.90	2:20:01	6:41	1	-	20	1:05:38
Alteburg-Turm	0.20	0:37	3:05	1	-	19	0:37	21.10	2:20:38	6:39	1	-	17	54:03