



# 45. Alteburglauf - Hubertus Triebel Gedächtnislauf

Arnstadt / 30.04.2024

## Detailed evaluation

Paul Kley

Total time: 46:07

Number: 311

Speed: 13.01 km/h

Running performance: 4:21 min/km

Course: 10.60 km

Rank in course/Total: 4 (of 101)

Hauptlauf

Rank in course/Men: 4 (of 68)

Best time in course: 42:05

Category:

Rank in category: 1(of 4)

Männer (20-29) H

Best time in the category: 46:07