



# 45. Alteburglauf - Hubertus Triebel Gedächtnislauf

Arnstadt / 30.04.2024

## Detailed evaluation

Dirk Raßbach

Total time: 1:00:11

Number: 335

Speed: 9.97 km/h

Running performance: 5:40 min/km

Course: 10.60 km

Rank in course/Total: 49 (of 101)

Hauptlauf

Rank in course/Men: 38 (of 68)

Best time in course: 42:05

Category:

Rank in category: 4(of 5)

Senioren M30 (30-34) H

Best time in the category: 52:22