



45. Alteburglauf - Hubertus Triebel Gedächtnislauf

Arnstadt / 30.04.2024

Detailed evaluation

Friedemann Taubert

Total time: 2:13:42

Number: 402

Speed: 9.47 km/h

Running performance: 6:20 min/km

Course: 21.10 km

Rank in course/Total: 19 (of 32)

Halbmarathon

Rank in course/Men: 14 (of 25)

Category:

Best time in course: 1:26:35

Männer (20-29) M

Rank in category: 2(of 4)

Best time in the category: 2:08:04

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	10.50	1:02:54	5:59	3	19:38	16	21:09	10.50	1:02:54	5:59	3	19:38	16	21:09
Runde	10.40	1:10:15	6:45	3	18:33	17	52:32	20.90	2:13:09	6:22	3	38:11	17	58:46
Alteburg-Turm	0.20	0:33	2:45	2	0:33	12	0:33	21.10	2:13:42	6:20	2	5:38	14	47:07