



45. Alteburglauf - Hubertus Triebel Gedächtnislauf

Arnstadt / 30.04.2024

Detailed evaluation

Alexander Jörg

Total time: 50:23

Number: 305

Speed: 11.91 km/h

Running performance: 4:45 min/km

Course: 10.60 km

Rank in course/Total: 16 (of 101)

Hauptlauf

Rank in course/Men: 13 (of 68)

Best time in course: 42:05

Category:

Rank in category: 6(of 11)

Senioren M35 (35-39) H

Best time in the category: 47:12