



45. Alteburglauf - Hubertus Triebel Gedächtnislauf

Arnstadt / 30.04.2024

Detailed evaluation

Sven Thomsen

Club: Bergwacht Ilmenau

Number: 403

Course: 21.10 km

Halbmarathon

Category:

Männer (20-29) M

Total time: 2:21:55

Speed: 8.88 km/h

Running performance: 6:43 min/km

Rank in course/Total: 25 (of 32)

Rank in course/Men: 18 (of 25)

Best time in course: 1:26:35

Rank in category: 3(of 4)

Best time in the category: 2:08:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	min/km	Pos	Behind	Pos					Behind
Runde	10.50	1:05:56	6:16	4	22:40	20	24:11	10.50	1:05:56	6:16	4	22:40	20	24:11				
Runde	10.40	1:15:17	7:14	4	23:35	21	57:34	20.90	2:21:13	6:45	4	46:15	21	1:06:50				
Alteburg-Turm	0.20	0:42	3:29	4	0:42	23	0:42	21.10	2:21:55	6:43	3	13:51	18	55:20				