



# 45. Alteburglauf - Hubertus Triebel Gedächtnislauf

Arnstadt / 30.04.2024

## Detailed evaluation

**Manuel Walther**

Club: MC Gräfenroda

Number: 355

Course: 10.60 km

Hauptlauf

Category:

Senioren M40 (40-44) H

Total time: 53:15

Speed: 11.27 km/h

Running performance: 5:01 min/km

Rank in course/Total: 22 (of 101)

Rank in course/Men: 17 (of 68)

Best time in course: 42:05

Rank in category: 3(of 16)

Best time in the category: 42:05