



# 45. Alteburglauf - Hubertus Triebel Gedächtnislauf

Arnstadt / 30.04.2024

## Detailed evaluation

**Marco Schmidt**

Club: Weckhey e.V.

Number: 340

Course: 10.60 km

Hauptlauf

Category:

Senioren M40 (40-44) H

Total time: 55:12

Speed: 10.87 km/h

Running performance: 5:12 min/km

Rank in course/Total: 31 (of 101)

Rank in course/Men: 25 (of 68)

Best time in course: 42:05

Rank in category: 7(of 16)

Best time in the category: 42:05