



45. Alteburglauf - Hubertus Triebel Gedächtnislauf

Arnstadt / 30.04.2024

Detailed evaluation

Christian Maskos

Club: Auslaufmodelle.TV/ Trail Couple DC
Number: 323

Course: 10.60 km

Hauptlauf

Category:

Senioren M40 (40-44) H

Total time: 57:14

Speed: 10.48 km/h

Running performance: 5:23 min/km

Rank in course/Total: 35 (of 101)

Rank in course/Men: 29 (of 68)

Best time in course: 42:05

Rank in category: 9(of 16)

Best time in the category: 42:05