



# 45. Alteburglauf - Hubertus Triebel Gedächtnislauf

Arnstadt / 30.04.2024

## Detailed evaluation

Daniel Rabe

Total time: 1:02:14

Number: 333

Speed: 9.64 km/h

Running performance: 5:52 min/km

Course: 10.60 km

Rank in course/Total: 57 (of 101)

Hauptlauf

Rank in course/Men: 45 (of 68)

Best time in course: 42:05

Category:

Rank in category: 13(of 16)

Senioren M40 (40-44) H

Best time in the category: 42:05