



45. Alteburglauf - Hubertus Triebel Gedächtnislauf

Arnstadt / 30.04.2024

Detailed evaluation

Frank Schumann

Club: FSV Martinroda

Number: 344

Course: 10.60 km

Hauptlauf

Category:

Senioren M45 (45-49) H

Total time: 54:33

Speed: 11.00 km/h

Running performance: 5:08 min/km

Rank in course/Total: 26 (of 101)

Rank in course/Men: 21 (of 68)

Best time in course: 42:05

Rank in category: 4(of 9)

Best time in the category: 43:50