



# 45. Alteburglauf - Hubertus Triebel Gedächtnislauf

Arnstadt / 30.04.2024

## Detailed evaluation

**Martin Wolf**

Club: Bergwacht Ilmenau

Number: 404

Course: 21.10 km

Halbmarathon

Category:

Senioren M30 (30-34) M

Total time: 1:39:22

Speed: 12.68 km/h

Running performance: 4:42 min/km

Rank in course/Total: 2 (of 32)

Rank in course/Men: 2 (of 25)

Best time in course: 1:26:35

Rank in category: 1(of 5)

Best time in the category: 1:39:22

## Intermediate times

## Stage score

## Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	10.50	48:47	4:38	1	-	4	7:02	10.50	48:47	4:38	1	-	4	7:02
Runde	10.40	50:11	4:49	1	-	4	32:28	20.90	1:38:58	4:44	1	-	5	24:35
Alteburg-Turm	0.20	0:24	2:00	1	-	4	0:24	21.10	1:39:22	4:42	1	-	2	12:47