



# 45. Alteburglauf - Hubertus Triebel Gedächtnislauf

Arnstadt / 30.04.2024

## Detailed evaluation

Frank Noe

Total time: 1:03:34

Number: 330

Speed: 9.44 km/h

Running performance: 5:59 min/km

Course: 10.60 km

Rank in course/Total: 67 (of 101)

Hauptlauf

Rank in course/Men: 51 (of 68)

Best time in course: 42:05

Category:

Rank in category: 7(of 9)

Senioren M45 (45-49) H

Best time in the category: 43:50