



45. Alteburglauf - Hubertus Triebel Gedächtnislauf

Arnstadt / 30.04.2024

Detailed evaluation

Thomas Rudolf

Total time: 1:04:47

Number: 339

Speed: 9.26 km/h

Running performance: 6:06 min/km

Course: 10.60 km

Rank in course/Total: 71 (of 101)

Hauptlauf

Rank in course/Men: 53 (of 68)

Best time in course: 42:05

Category:

Rank in category: 8(of 9)

Senioren M45 (45-49) H

Best time in the category: 43:50