



45. Alteburglauf - Hubertus Triebel Gedächtnislauf

Arnstadt / 30.04.2024

Detailed evaluation

Thorsten Seever

Club: SG Motor Arnstadt

Number: 347

Course: 10.60 km

Hauptlauf

Category:

Senioren M50 (50-54) H

Total time: 56:35

Speed: 10.60 km/h

Running performance: 5:20 min/km

Rank in course/Total: 34 (of 101)

Rank in course/Men: 28 (of 68)

Best time in course: 42:05

Rank in category: 1(of 5)

Best time in the category: 56:35