



45. Alteburglauf - Hubertus Triebel Gedächtnislauf

Arnstadt / 30.04.2024

Detailed evaluation

Lars Krüger

Club: Rennsteiglaufverein

Number: 319

Course: 10.60 km

Hauptlauf

Category:

Senioren M50 (50-54) H

Total time: 1:09:09

Speed: 8.68 km/h

Running performance: 6:31 min/km

Rank in course/Total: 85 (of 101)

Rank in course/Men: 60 (of 68)

Best time in course: 42:05

Rank in category: 3(of 5)

Best time in the category: 56:35