



45. Alteburglauf - Hubertus Triebel Gedächtnislauf

Arnstadt / 30.04.2024

Detailed evaluation

Torsten Grosser

Club: AP Racing Team Apolda

Number: 289

Course: 10.60 km

Hauptlauf

Category:

Senioren M55 (55-59) H

Total time: 47:44

Speed: 12.57 km/h

Running performance: 4:30 min/km

Rank in course/Total: 9 (of 101)

Rank in course/Men: 8 (of 68)

Best time in course: 42:05

Rank in category: 1(of 4)

Best time in the category: 47:44