



# 45. Alteburglauf - Hubertus Triebel Gedächtnislauf

Arnstadt / 30.04.2024

## Detailed evaluation

**Christoph Beerhues**

Club: Bergwacht Ilmenau

Number: 371

Course: 21.10 km

Halbmarathon

Category:

Senioren M30 (30-34) M

Total time: 1:50:05

Speed: 11.45 km/h

Running performance: 5:13 min/km

Rank in course/Total: 6 (of 32)

Rank in course/Men: 5 (of 25)

Best time in course: 1:26:35

Rank in category: 2(of 5)

Best time in the category: 1:39:22

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	10.50	55:03	5:14	2	6:16	7	13:18	10.50	55:03	5:14	2	6:16	7	13:18
Runde	10.40	54:36	5:15	3	4:25	8	36:53	20.90	1:49:39	5:14	2	10:41	8	35:16
Alteburg-Turm	0.20	0:26	2:09	2	0:02	5	0:26	21.10	1:50:05	5:13	2	10:43	5	23:30