



45. Alteburglauf - Hubertus Triebel Gedächtnislauf

Arnstadt / 30.04.2024

Detailed evaluation

Steffen Zinzow

Total time: 1:02:54

Number: 365

Speed: 9.54 km/h

Running performance: 5:56 min/km

Course: 10.60 km

Rank in course/Total: 65 (of 101)

Hauptlauf

Rank in course/Men: 50 (of 68)

Best time in course: 42:05

Category:

Rank in category: 4(of 4)

Senioren M55 (55-59) H

Best time in the category: 47:44