



# 45. Alteburglauf - Hubertus Triebel Gedächtnislauf

Arnstadt / 30.04.2024

## Detailed evaluation

Siegfried Ritter

Total time: 58:18

Number: 369

Speed: 10.29 km/h

Running performance: 5:30 min/km

Course: 10.60 km

Rank in course/Total: 44 (of 101)

Hauptlauf

Rank in course/Men: 35 (of 68)

Best time in course: 42:05

Category:

Rank in category: 1(of 4)

Senioren M65 (65-69) H

Best time in the category: 58:18