



10. Arnstädter Alteburgstaffellauf

Arnstadt / 29.05.2024

Detailed evaluation

Alteburglaufftreff

Club: Alteburglaufftreff

Number: 3

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 31:34

Speed: 11.40 km/h

Running performance: 5:15 min/km

Rank in course: 10 (of 30)

Best time in course: 25:45

Rank in category: 10(of 30)

Best time in the category: 25:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total		Total		Pos		Behind		
				Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total		
Wechsel	1.20	5:48	4:49	8	1:38	8	1:38	1.20	5:48	4:49	8	1:38	8	1:38		
Wechsel	1.20	6:30	5:25	9	2:03	9	2:03	2.40	12:18	5:07	10	3:41	10	3:41		
Wechsel	1.20	6:49	5:40	14	2:00	14	2:00	3.60	19:07	5:18	10	5:41	10	5:41		
Wechsel	1.20	5:51	4:52	6	0:28	6	0:28	4.80	24:58	5:12	9	5:28	9	5:28		
Finish	1.20	6:36	5:30	17	1:52	17	1:52	6.00	31:34	5:15	10	5:49	10	5:49		