



10. Arnstädter Alteburgstaffellauf

Arnstadt / 29.05.2024

Detailed evaluation

Senioren Laufbrigade Angelhausen-Oberradl **Total time: 33:49**

Number: 25

Speed: 10.65 km/h

Running performance: 5:38 min/km

Course: 6.00 km

Staffel 5 x 1,2 km

Rank in course: 13 (of 30)

Best time in course: 25:45

Category:

Rank in category: 13(of 30)

Staffel

Best time in the category: 25:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Total	Cat.	Total				Cat.	Total	Cat.	Total
Wechsel	1.20	6:30	5:25	16	2:20	16	2:20	1.20	6:30	5:25	16	2:20	16	2:20
Wechsel	1.20	7:51	6:32	22	3:24	22	3:24	2.40	14:21	5:58	17	5:44	17	5:44
Wechsel	1.20	6:47	5:39	12	1:58	12	1:58	3.60	21:08	5:52	14	7:42	14	7:42
Wechsel	1.20	5:56	4:56	7	0:33	7	0:33	4.80	27:04	5:38	13	7:34	13	7:34
Finish	1.20	6:45	5:37	18	2:01	18	2:01	6.00	33:49	5:38	13	8:04	13	8:04