



10. Arnstädter Alteburgstaffellauf

Arnstadt / 29.05.2024

Detailed evaluation

Marienstift Arnstadt Staffel 3

Total time: 34:32

Number: 23

Speed: 10.42 km/h

Running performance: 5:45 min/km

Course: 6.00 km

Staffel 5 x 1,2 km

Rank in course: 14 (of 30)

Best time in course: 25:45

Category:

Rank in category: 14(of 30)

Staffel

Best time in the category: 25:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total		Total		Pos		Behind	
				Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total	
Wechsel	1.20	6:24	5:20	15	2:14	15	2:14	1.20	6:24	5:20	15	2:14	15	2:14	
Wechsel	1.20	6:16	5:13	5	1:49	5	1:49	2.40	12:40	5:16	11	4:03	11	4:03	
Wechsel	1.20	7:28	6:13	21	2:39	21	2:39	3.60	20:08	5:35	12	6:42	12	6:42	
Wechsel	1.20	6:54	5:45	15	1:31	15	1:31	4.80	27:02	5:37	12	7:32	12	7:32	
Finish	1.20	7:30	6:15	26	2:46	26	2:46	6.00	34:32	5:45	14	8:47	14	8:47	