



# 10. Arnstädter Alteburgstaffellauf

Arnstadt / 29.05.2024

## Detailed evaluation

Liberales Laufteam

Total time: 34:40

Number: 31

Speed: 10.38 km/h

Running performance: 5:46 min/km

Course: 6.00 km

Staffel 5 x 1,2 km

Rank in course: 15 (of 30)

Best time in course: 25:45

Category:

Rank in category: 15(of 30)

Staffel

Best time in the category: 25:45

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total		Total		Pos		Behind	
				Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total	
Wechsel	1.20	6:42	5:35	18	2:32	18	2:32	1.20	6:42	5:35	18	2:32	18	2:32	
Wechsel	1.20	8:30	7:05	24	4:03	24	4:03	2.40	15:12	6:19	21	6:35	21	6:35	
Wechsel	1.20	6:55	5:45	15	2:06	15	2:06	3.60	22:07	6:08	17	8:41	17	8:41	
Wechsel	1.20	6:14	5:11	12	0:51	12	0:51	4.80	28:21	5:54	16	8:51	16	8:51	
Finish	1.20	6:19	5:15	13	1:35	13	1:35	6.00	34:40	5:46	15	8:55	15	8:55	