



10. Arnstädter Alteburgstaffellauf

Arnstadt / 29.05.2024

Detailed evaluation

Marienstift Arnstadt Staffel 2

Total time: 36:12

Number: 22

Speed: 9.94 km/h

Running performance: 6:02 min/km

Course: 6.00 km

Staffel 5 x 1,2 km

Rank in course: 19 (of 30)

Best time in course: 25:45

Category:

Rank in category: 19(of 30)

Staffel

Best time in the category: 25:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	7:35	6:19	22	3:25	22	3:25	1.20	7:35	6:19	22	3:25	22	3:25
Wechsel	1.20	6:29	5:24	8	2:02	8	2:02	2.40	14:04	5:51	15	5:27	15	5:27
Wechsel	1.20	8:04	6:43	24	3:15	24	3:15	3.60	22:08	6:08	18	8:42	18	8:42
Wechsel	1.20	7:08	5:56	16	1:45	16	1:45	4.80	29:16	6:05	18	9:46	18	9:46
Finish	1.20	6:56	5:46	21	2:12	21	2:12	6.00	36:12	6:02	19	10:27	19	10:27