



10. Arnstädter Alteburgstaffellauf

Arnstadt / 29.05.2024

Detailed evaluation

Trailrunning-Crew Thüringen

Club: Trailrunning-Crew Thüringen

Number: 29

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 27:00

Speed: 13.33 km/h

Running performance: 4:30 min/km

Rank in course: 2 (of 30)

Best time in course: 25:45

Rank in category: 2(of 30)

Best time in the category: 25:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Wechsel	1.20	4:40	3:53	2	0:30	2	0:30	1.20	4:40	3:53	2	0:30	2	0:30	
Wechsel	1.20	6:42	5:35	12	2:15	12	2:15	2.40	11:22	4:44	4	2:45	4	2:45	
Wechsel	1.20	5:19	4:25	2	0:30	2	0:30	3.60	16:41	4:38	3	3:15	3	3:15	
Wechsel	1.20	5:35	4:39	4	0:12	4	0:12	4.80	22:16	4:38	2	2:46	2	2:46	
Finish	1.20	4:44	3:56	1	-	1	-	6.00	27:00	4:30	2	1:15	2	1:15	