



# 10. Arnstädter Alteburgstaffellauf

Arnstadt / 29.05.2024

## Detailed evaluation

i ♥ Love HNO

Club: Ilm-Kreis-Kliniken Arnstadt-Ilmenau gGmbH  
Number: 14

Course: 6.00 km  
Staffel 5 x 1,2 km

Category:  
Staffel

Total time: 38:48

Speed: 9.28 km/h

Running performance: 6:27 min/km

Rank in course: 25 (of 30)

Best time in course: 25:45

Rank in category: 25(of 30)

Best time in the category: 25:45

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Wechsel	1.20	6:40	5:33	17	2:30	17	2:30	1.20	6:40	5:33	17	2:30	17	2:30	
Wechsel	1.20	10:42	8:54	30	6:15	30	6:15	2.40	17:22	7:14	28	8:45	28	8:45	
Wechsel	1.20	7:27	6:12	19	2:38	19	2:38	3.60	24:49	6:53	27	11:23	27	11:23	
Wechsel	1.20	7:35	6:19	18	2:12	18	2:12	4.80	32:24	6:45	25	12:54	25	12:54	
Finish	1.20	6:24	5:20	14	1:40	14	1:40	6.00	38:48	6:27	25	13:03	25	13:03	