



# 10. Arnstädter Alteburgstaffellauf

Arnstadt / 29.05.2024

## Detailed evaluation

### HSG IIm-Kreis II

Club: HSG IIm-Kreis II

Number: 13

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 28:27

Speed: 12.65 km/h

Running performance: 4:44 min/km

Rank in course: 3 (of 30)

Best time in course: 25:45

Rank in category: 3(of 30)

Best time in the category: 25:45

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind			
				Cat.	Total	Cat.	Total				Cat.	Total	Cat.	Total		
Wechsel	1.20	5:10	4:18	4	4	1:00	4	1:00	1.20	5:10	4:18	4	4	1:00	4	1:00
Wechsel	1.20	5:28	4:33	2	2	1:01	2	1:01	2.40	10:38	4:25	2	2	2:01	2	2:01
Wechsel	1.20	5:49	4:50	4	4	1:00	4	1:00	3.60	16:27	4:34	2	2	3:01	2	3:01
Wechsel	1.20	6:18	5:15	13	13	0:55	13	0:55	4.80	22:45	4:44	3	3	3:15	3	3:15
Finish	1.20	5:42	4:45	6	6	0:58	6	0:58	6.00	28:27	4:44	3	3	2:42	3	2:42