



10. Arnstädter Alteburgstaffellauf

Arnstadt / 29.05.2024

Detailed evaluation

HSG IIm-Kreis F-Jugend

Club: SG Motor Arnstadt

Number: 12

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 29:41

Speed: 12.13 km/h

Running performance: 4:56 min/km

Rank in course: 7 (of 30)

Best time in course: 25:45

Rank in category: 7(of 30)

Best time in the category: 25:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	5:13	4:20	5	1:03	5	1:03	1.20	5:13	4:20	5	1:03	5	1:03
Wechsel	1.20	6:28	5:23	7	2:01	7	2:01	2.40	11:41	4:52	6	3:04	6	3:04
Wechsel	1.20	6:06	5:04	6	1:17	6	1:17	3.60	17:47	4:56	5	4:21	5	4:21
Wechsel	1.20	5:50	4:51	5	0:27	5	0:27	4.80	23:37	4:55	6	4:07	6	4:07
Finish	1.20	6:04	5:03	10	1:20	10	1:20	6.00	29:41	4:56	7	3:56	7	3:56