



32. Arnstädter Citylauf

Arnstadt / 27.04.2024

Detailed evaluation

Hans-Jürgen Kunz

Number: 268

Course: 10.00 km

10-km-Lauf (A-B-C Cup)

Category:

Senioren M75 (75-79) L

Total time: 58:43

Speed: 10.22 km/h

Running performance: 5:52 min/km

Rank in course/Total: 54 (of 67)

Rank in course/Men: 36 (of 42)

Best time in course: 39:22

Rank in category: 1(of 1)

Best time in the category: 58:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hammerecke	1.67	9:06	5:26	1	-	35	3:02	1.67	9:06	5:26	1	-	35	3:02
Hammerecke	2.35	13:36	5:47	1	-	35	4:20	4.02	22:42	5:38	1	-	35	7:22
Control	2.35	13:58	5:56	1	-	36	4:35	6.37	36:40	5:45	1	-	35	11:57
Control	2.35	14:07	6:00	1	-	35	4:36	8.72	50:47	5:49	1	-	36	16:33
Finish	1.28	7:56	6:11	1	-	37	2:48	10.00	58:43	5:52	1	-	36	19:21