



32. Arnstädter Citylauf

Arnstadt / 27.04.2024

Detailed evaluation

Kristin Weber

Club: Kita Schillerstraße
Number: 251

Course: 10.00 km
10-km-Lauf (A-B-C Cup)

Category:
Seniorinnen W30 (30-34) L

Total time: 1:03:32

Speed: 9.44 km/h
Running performance: 6:21 min/km

Rank in course/Total: 61 (of 67)
Rank in course/Women: 22 (of 25)
Best time in course: 41:41

Rank in category: 3(of 3)
Best time in the category: 41:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Hammerecke	1.67	9:08	5:28	3	2:17	19	2:17	1.67	9:08	5:28	3	2:17	19	2:17
Hammerecke	2.35	14:33	6:11	3	4:44	22	4:44	4.02	23:41	5:53	3	7:01	21	7:01
Control	2.35	15:21	6:31	3	5:30	23	5:30	6.37	39:02	6:07	3	12:31	22	12:31
Control	2.35	15:51	6:44	3	6:06	23	6:06	8.72	54:53	6:17	3	18:37	22	18:37
Finish	1.28	8:39	6:45	3	3:14	23	3:14	10.00	1:03:32	6:21	3	21:51	22	21:51