



32. Arnstädter Citylauf

Arnstadt / 27.04.2024

Detailed evaluation

Johanna Becherer

Total time: 45:08

Number: 252

Speed: 13.29 km/h

Running performance: 4:30 min/km

Course: 10.00 km

Rank in course/Total: 10 (of 67)

10-km-Lauf (A-B-C Cup)

Rank in course/Women: 2 (of 25)

Best time in course: 41:41

Category:

Rank in category: 1(of 7)

Seniorinnen W40 (40-44) L

Best time in the category: 45:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Hammerecke	1.67	7:05	4:14	1	-	2	0:14	1.67	7:05	4:14	1	-	2	0:14
Hammerecke	2.35	10:26	4:26	1	-	3	0:37	4.02	17:31	4:21	1	-	3	0:51
Control	2.35	10:43	4:33	1	-	3	0:52	6.37	28:14	4:25	1	-	3	1:43
Control	2.35	10:53	4:37	1	-	2	1:08	8.72	39:07	4:29	1	-	2	2:51
Finish	1.28	6:01	4:42	1	-	3	0:36	10.00	45:08	4:30	1	-	2	3:27