



32. Arnstädter Citylauf

Arnstadt / 27.04.2024

Detailed evaluation

Voigtmann Sandra

Club: Rennsteiglaufverein

Number: 258

Course: 10.00 km

10-km-Lauf (A-B-C Cup)

Category:

Seniorinnen W50 (50-54) L

Total time: 57:15

Speed: 10.48 km/h

Running performance: 5:43 min/km

Rank in course/Total: 47 (of 67)

Rank in course/Women: 15 (of 25)

Best time in course: 41:41

Rank in category: 2(of 2)

Best time in the category: 55:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Hammerecke	1.67	8:28	5:04	1	-	12	1:37	1.67	8:28	5:04	1	-	12	1:37
Hammerecke	2.35	12:50	5:27	2	0:03	13	3:01	4.02	21:18	5:17	2	0:03	13	4:38
Control	2.35	13:37	5:47	2	0:17	15	3:46	6.37	34:55	5:28	2	0:20	14	8:24
Control	2.35	14:29	6:09	2	1:10	18	4:44	8.72	49:24	5:39	2	1:30	14	13:08
Finish	1.28	7:51	6:07	2	0:33	18	2:26	10.00	57:15	5:43	2	2:03	15	15:34